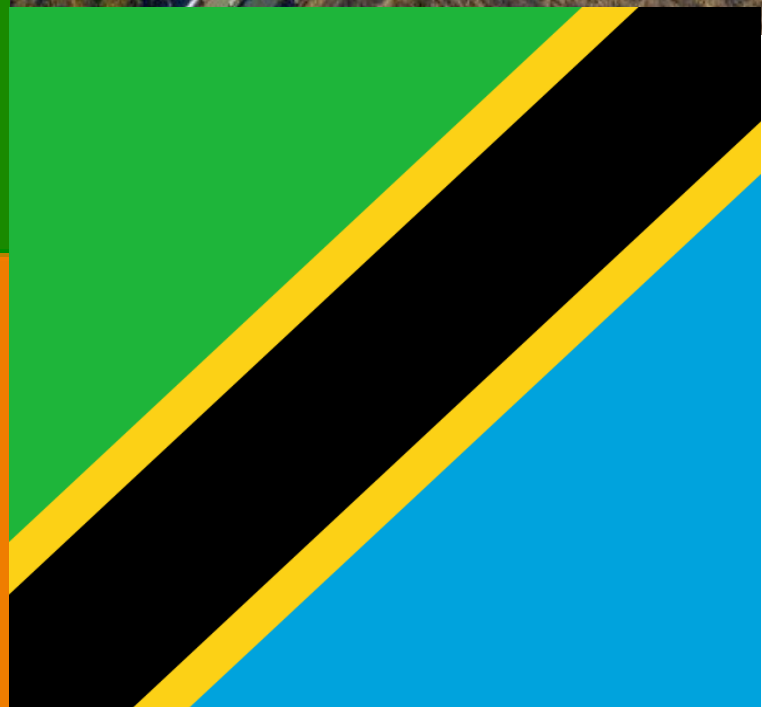




Post 16 Presents

AKS ZAMBIA & TANZANIA



ZAMBIA & TANZANIA DAY



Over the last two years, we have had a Zambia day, during which we have linked to Holy Cross school in Livingstone, Zambia, to find out how life is there compared to here. This year, we were inspired to introduce Tanzania and Zambia because of the work Mr Matalu (who is from Tanzania) is doing to help Tanzanians in rural areas get better health care.

One of the orphans he has helped through the charity he is involved with (along with Mrs Matalu and her parents) has trained as a medic and wants to use his skills to help rural communities have better health care. This has led to the charity working with him to build a medical centre which has the potential to save many lives. This is because people who require urgent medical care will no longer have to travel over 4 hours to receive the care they need.

So, we saw this as a real opportunity to learn about and celebrate this work in Tanzania, and to also learn about the similarities and differences between the countries of Zambia and Tanzania and their cultures. This led to the amazing sessions that were offered throughout the day, providing a unique learning opportunity. I hope you will enjoy reading about these sessions and the insights they offered in this article.

Mr Goodchild
Assistant Head

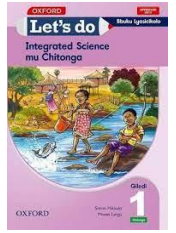


Contents

Groups
Harry C



Tanzania Geography
Luca

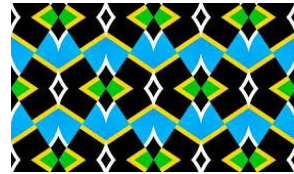


Zambia & Tanzania Food Chains
Michael & Harry H

Zambia & Tanzania Art
Chloe and Luca



Zambian & Tanzania Patterns
Luca and Chloe



Tanzania Sport
Kayden and Jacob



Zambia Food Tasting
Luca

Zambia & Tanzania Cooking
Chloe



Music & Danced in Zambia & Tanzania
Rosie and Liam



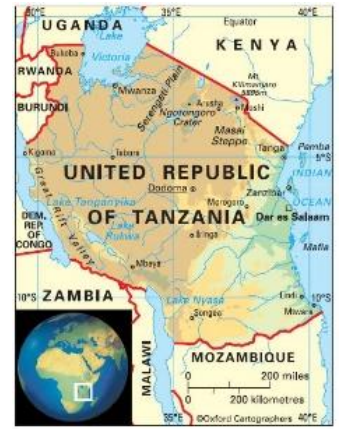
Conservation in Tanzania
Chloe





**Tanzania In Numbers
Mr Waters**

**Tanzania Medical Centre
Mrs Matalu**



**The Holy Cross School Zambia Friendships
Mr Bentley**

**Fun Zambia & Tanzania Quiz
Mr Waters**



Zambian Wordsearch

Staff Comments on Zambia & Tanzania Day



**Gallery of Zambia & Tanzania Day
Thomas**



Special Mentions & Answers



The Groups

Harry



We discussed which groups we were going to be in and decided what we were going to go and write up about.

Harry and Michael chose to go and observe Science where they learning about food chains (producers, primary consumers, secondary consumers, territory consumers and apex predators)

Kayden and Jacob went to go and observe Tanzania sports! (Similar to dodgeball) it is called Wasala Wangena) where they are split into two teams. One team stands in the inside court, the other in the outside court.

Luca and Chloe went to research Geography which was Tanzania related and learning about Tanzania. They also went to observe Maths, Conservation.

Liam and Rosie joined in the Zambia and Tanzania dance listening to the national anthems.

We also had links to other schools such as the Holy Cross School, food tasting and pupils made a chicken and mango curry.

We hope you enjoy the newsletter!

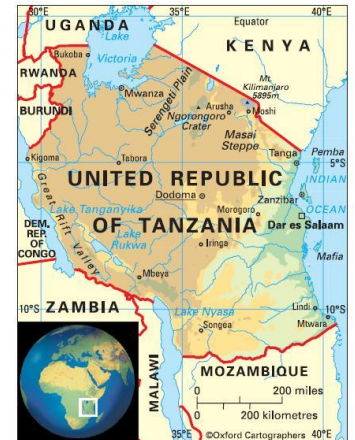


Tanzania

Geography



Luca



In Geography the pupils were learning about Tanzania. The pupils had to locate Tanzania on the map.

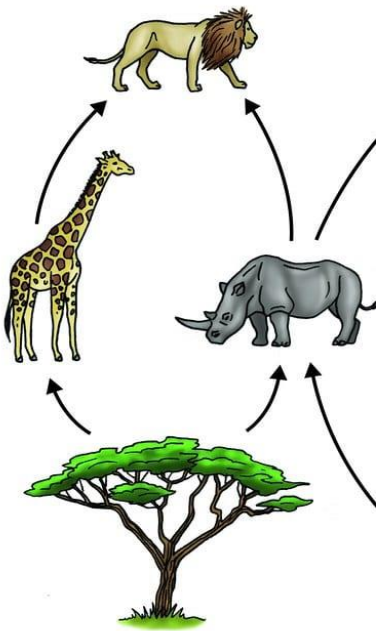
Each pupil was given a sheet each and had to use the I pads. They had to scan the QR code to be able to see the task ahead of them.

The task for the pupils were they had to find 10 items such as animals, cattle, a weapon to use to fend off a lion, if there was a helicopter and then they would tick the sheet.

We also looked at how many countries there were in Africa and found out there were 56 countries in Africa.



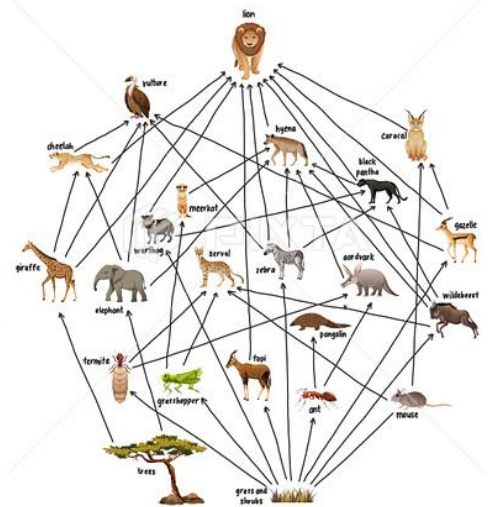
Zambia & Tanzania Food Chains



Michael and Harry



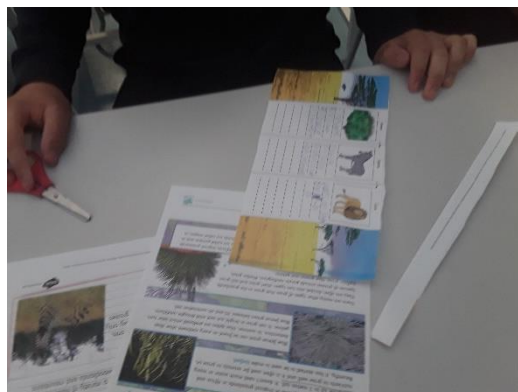
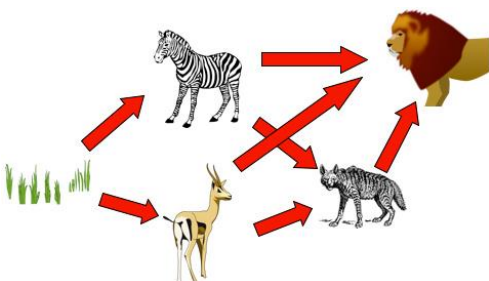
African Animal Food Web



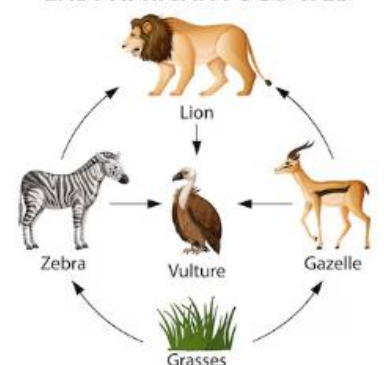
In the Science lessons the classes were learning about food chains and what animals lived in Zambia, like zebras, giraffes, lions and elephants. The class had to do a work sheet where they had to write facts about the animals how the food chains worked.



We also learnt facts about the animals. I found it interesting that we got to help people in the main building with any questions or anything. Everyone was a joy to talk too. Everyone got on with their work really well and overall the lessons were fun!



EAST AFRICAN FOOD WEB



Zambia & Tanzania Art

Luca and Chloe

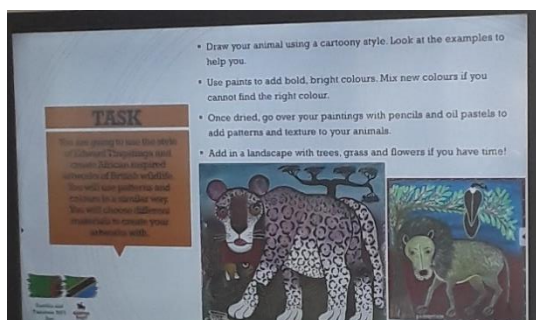
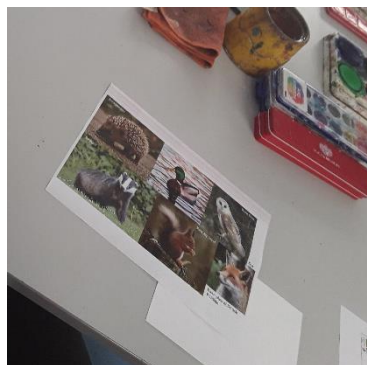


We went to observe Zambia and Tanzania design in the art room. Pupils were looking at animal cartoons and looking at the patterns as they are bold.



They were learning about an artist called Edward Tingatinga and looking at the inspiration of his work that he did. As well as watch the CBBC series called Tinga Tinga which was used in the style of Edward Tingatinga drawing.

The task for the class was to draw a British wild animal in Tinga Tinga style. Making sure they decorate in bold colours and different patterns for the animal.



Zambia & Tanzania

Patterns



Chloe & Luca



We went to go and see what was happening in the DT room and to explore the activities pupils would be doing in DT. Miss Attenborough was teaching 7W.



7W were looking at different patterns and discussing what shapes they could see such as triangles, spirals, angles, straight lines and squares. They looked at a lot of the Tribal patterns.

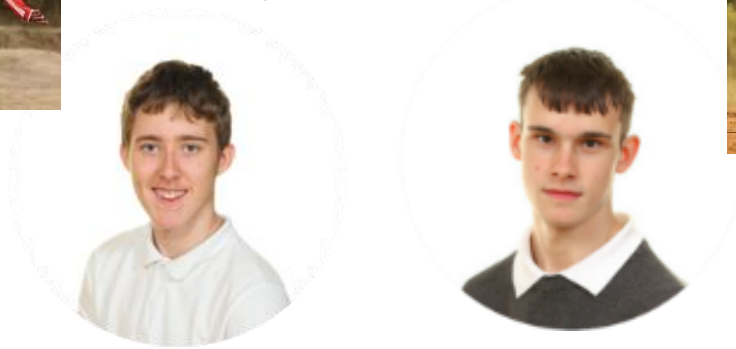
They discussed the different colours on the board reds, whites, greens, oranges and blacks. Then they would design some jewellery using beads, buttons and doing a design first using felt tips.



Tanzania Sports



Kayden and Jacob



The game is called Walassa Wangena! To start the game, two teams are required to line on the outside court and no one on the inside. The team on the inside's objective is to dodge the ball while the outside team has to throw it. The inside team can gain points by catching, or by opening their legs so the ball goes through them.



The winning team will have the most points and if you catch the ball, it's 20 points, through the legs is 10 points and 30 points for each player on the inside still in the game.

The classes who took part in Waalassa Wangena thoroughly enjoyed the activity, it's fast paced so no one can take a breather and those who are spectating can cheer on their friends.



Zambia Food Tasting

Luca



We went to visit Mrs Weston and Miss Dyer to see what the pupils were doing in their lesson. They were having the opportunity to do some Zambia food tasting.



They looked at fruits that had grown in Zambia such as plantain, papaya, mango, watermelon, avocado, sweet potato and guava. Pupils had to choose which one was their favourite.

The fruits tasted were watermelon, papaya, pineapple, mango and avocado.

The two favourite fruits we observed were pineapple and mango.



Zambia & Tanzania

Cooking

Chloe



Luca and I went to have a look what was going on in Food Room 2. Mrs Goss and Mrs Brown were in Food Room 2 teaching pupils how to make a Chicken and Mango Curry.



Pupils were chopping vegetables such as courgettes, aubergine, peppers, new potatoes, onions. The other ingredients included chicken, mango, ginger, garlic, garam Masala, yoghurt, ground almonds and mango chutney.

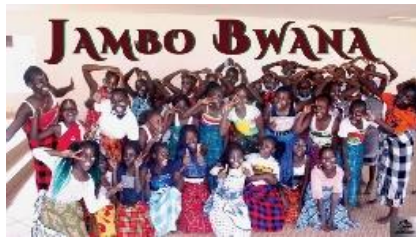
It smelt delicious in the food room and the pupils were clearly having fun following the recipe and working independently and learning a knowledge for Zambia and Tanzania food.



Music & Dance in Zambia & Tanzania



Liam and Rosie



In music we learned about Zambia and Tanzania songs. We listened to the national anthem for Zambia and Tanzania. The pupils dressed up in Chitengas and did some dancing.



We also listened to a traditional Tanzanian song called Jambo Bwana. We danced along to the video on Youtube.

We enjoyed listening and learning about the culture of music and seeing the pupils having fun in music.



Conservation in Tanzania

Chloe



We went to S9 to see what Mrs Lamburn and Miss Irwin were teaching. This was called Conservation classes learned about how the people in Tanzania



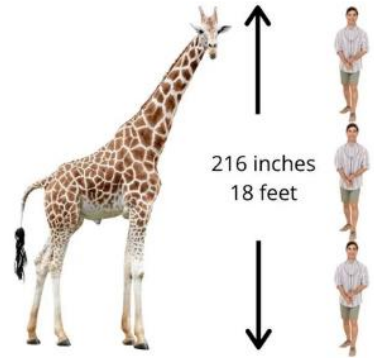
protect the wildlife from lions. As the lions kill the livestock! They have to make living walls to prevent the lions from entering and killing their livestock.

The activity that the pupils did we saw 7B use playdough, and using a length of chicken wire to make the fence and they used the plastic animals to place in the middle.



Tanzania Maths Numbers

Mr Waters



In maths pupils were looking at what was the longest river in Tanzania. The longest river is called Rufiji River. This is approximately 600 kilometres.



Pupils also looked at how many countries border Tanzania – this was something I did not know so it was fascinating to learn that it was eight countries: Kenya, Uganda, Rwanda, Burundi, Democratic Republic of Congo, Zambia, Malawi, and Mozambique.

There were also other activities including height of national animal, the population of Tanzania, the size of the country, the highest mountain, the currency and the important dates.



The Holy Cross School

Zambia Friendship



Mr Bentley

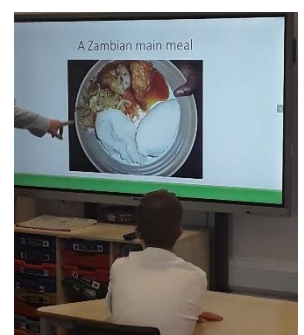


I grew up in Zambia so I am very fortunate to be able to teach about this wonderful country - its people culture and customs. I have been able to explain that the distance from Livingstone to London is 7,500 miles and that is 15-20 hours by plane. Did you also know that only one animal can survive falling off Victoria Falls? It is in fact a baby crocodile.

Livingstone is a world heritage site due to the might of the waterfall. The waterfall is called Mosi-oa-Tunya which means 'The Smoke That Thunders'.

Holy Cross School has 270 students and a small specialist unit for the hearing impaired. We have had a link with Holy Cross School for over three years. Emeldah is a teacher there who works with hearing impaired children. Pupils get the opportunity to talk to pupils from the Holy Cross School and get to ask Emeldah questions.

I hope to do more work in the future with Emeldah, as learning about each other's cultures and customs helps us learn what unites us rather than divides us.



Tanzania Medical Centre

Mrs Matalu



My parents, Pete and Anita, came into school to tell the pupils all about a charity they started in 2009 called Village of Hope and Grace, which supports orphans in rural Tanzania. They shared the stories of some of the children who are now grown up and have jobs to support themselves.

One of these was a young man called Kitulizo, who they supported through high school and university. He qualified as a medical laboratory technician and now manages a medical laboratory in a large city hospital. His dream has always been to return to the place where he grew up and open a good quality health clinic to help improve the health of the community so that fewer children will lose their parents to poor health and become orphans like him.

Village of Hope and Grace have agreed to fund this medical centre, which will be called 'Hope Clinic', in the small town of Kibakwe, where they work. Pupils saw a video of the building that is almost complete.

When it is open, Kitulizo is going to manage the clinic, which will enable local people to receive good quality medical treatment without needing to spend a day travelling.



Zambia & Tanzania Quiz



Mr Waters



What is the capital of Zambia?

- (A) Ndola
- (B) Zimbabwe
- (C) Lusaka



What is the capital of Tanzania

- (A) Nairobi
- (B) Arusha
- (C) Dodoma



What animal is the only animal that can survive going down the Victoria Fall?

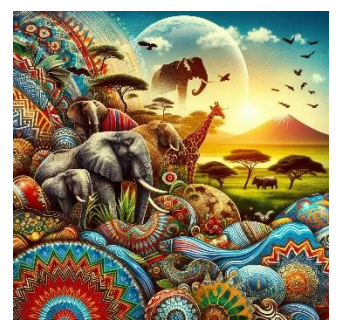


- A) Baby Lion
- (B) Baby Crocodile
- (C) Baby Giraffe



What is the official language of Zambia?

- (A) English
- (B) Bemba
- (C) French





What is the population of Tanzania?

- A) 89.9 million people
- B) 65.5 million people
- C) 135 million people



What is the most dangerous animal?

- A) Crocodile
- B) Lion
- C) Hippo



What is the most dangerous insect?

- A) Mosquito
- B) Iris
- C) Brown Locust



What is the name of a food that Zambians use in their dish?

- A) Rice
- B) Nshima
- C) Fish



What is the most popular sport in Tanzania?

- A) Rugby
- B) Golf
- C) Football



What does Muli Buti mean?

- (A) Hello
- B) How are you?
- C) Goodbye



Zambia & Tanzania

Wordsearch



R X S C I E N C E D E D J O H
W V I K C S I N I B O T L D L
D K K C O N S E R V A T I O N
S C H O O L R Z A M B I A G I
K L A N G U A G E O T I V A B
C S X E W H Y J E B A J R H E
U K F R Q C F D M W R A L E B L
W G T U R A D A N C E U M Z
T P G E O G R A P H Y E T W Z
U H P P X C V P F O O D K H F R
V D E S I G N D W M U S I C E
V K J D W K L B O A A Y P L C
R O C O D I L E S N R N P I G
K T A N Z A N I A G T O O W S
E G S U O L T F P M H W N



Conservation

Geography

Crocodile

Food

Tanzania

Language

Science

Lion

Zambia

Design

School

Art

Music

Dance

Culture

Hippo



Staff Comments On Zambia & Tanzania Day

'Successful conservation must include the people whose lives are linked to the lands and wildlife we protect.'



'Protecting wildlife by empowering people!'
Mrs Lamburn
Religion & Worldviews Subject Leader.

"You would think you had lots of money if you had 3,330 shillings in your wallet. Sadly, you don't because it is only worth £1"

Mrs Sipek
Maths Teacher.



"The final results of the best exotic fruit contest!"

Watermelon- 9 votes
Papaya - 1 vote
Pineapple - 22 votes
Mango - 18 votes
Avocado- 5 votes"

Mrs Weston
Secondary Teacher.



"It was lovely to see the primary pupils working with Mrs Brown and myself in Food Room 2. They loved the vegetable, chicken & mango curry which they made! Well done to KS3 and 4 as well for working well in their groups"

Mrs Goss
Food Studies Subject Lead.

"In science, we learned about the food chains in Zambia and Tanzania.

Emeldah from Holy Cross School shared videos of baboons and other primates searching for food and the types of animal's tribes keep for milk and meat.

We looked specifically at the food chain of grasses (producers), zebras (herbivores), and lions (carnivores).

Fun Fact: Lions can eat up to 40kg of meat in a single meal - around a quarter of their body weight. Their tongues have sharp-pointed rasps, called papillae, used to scrape meat off the bones"

Miss Postans

Science Teacher.



The arrow points to the eater and shows the transfer of energy.



"The Wasala Waingena was a fun, action packed game where there was no place to hide! Pupils enjoyed an active session which was competitive and fun. They asked for more dodgeball like games"

Mr Hunt

PE Subject Lead.



"Today in art pupils learned about the Tingatinga art style which came from Zambia. It was named after the artist Edward Tingatinga. Between the years of 2008 and 2011 Cbeebies created an animated series called Tinga Tinga Tales which told African folk tales using Edward Tingatinga's art style, which I didn't know before researching the style of teach today despite watching the show with my son when he was younger!"

Miss Foster

Art Teacher



"Mine and Mrs Weston's lesson the pupil tasted Zambian food some pupils were apprehensive at first but once they tried it they asked for seconds"

Miss Dyer

History Teacher.



"We had a fantastic Zambia/Tanzania Day. We learnt the National anthems of both countries and realised that they are the same song! We also learnt some great Tanzanian dances and dressed up and used flags when we were dancing. Finally, we listened to and then learnt a Tanzanian song called Jambo Bwana which was really catchy and everyone enjoyed. Everyone had great fun!"

Mrs Lea

Music Teacher.



"During the music and dance session, pupils learnt about traditional Zambian and Tanzanian music and dancing, as well as dressing up in colourful Chitengas. Pupils sang the Zambian National Anthem, sang and played drums to a song called "Jambo Bwana Tanzania," and danced along to Tanzanian tribal dances. This was a lovely fun and energetic session!"

During our sessions, I learnt the Zambian National Anthem, which I did not know before",

Miss Price
Arts Award Teacher.



"I really enjoyed working alongside Mrs Lamburn today and learning all about the Living Walls! It was great to be able to teach lots of different students all about the importance of Conservation for not just animals but for humans too. Each class was split into groups and was tasked to create their own version of a "living wall" and I am so impressed with how each one was so different and how fantastic they turned out. Lots of great conversations and understanding about Tanzania, and the importance of protecting the world"

Miss Irwin

9I Tutor.

"In Art and Design with me the pupils looked at various Zambian and Tanzanian patterns. We discussed what we saw and some groups even described what they think patterns could represent. We talked about the traditional use of patterns to represent tribes. Pupils then designed their own pattern and created a beaded piece of jewellery using their pattern"

Miss Attenborough

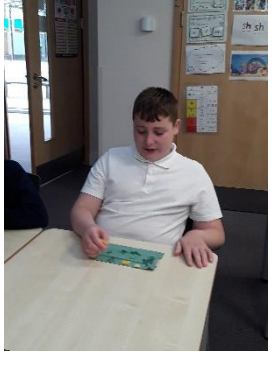
DT Teacher.

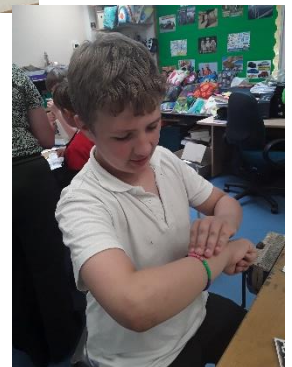


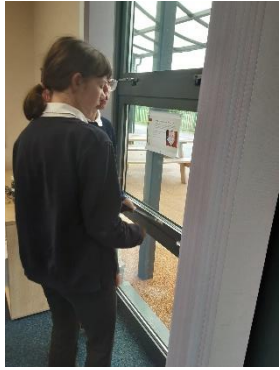
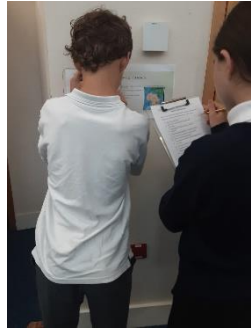
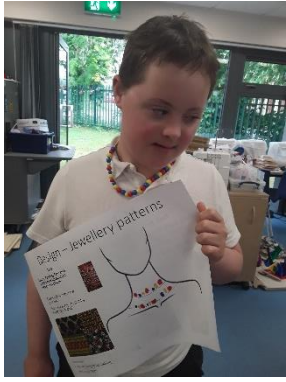
"I really enjoyed Zambia and Tanzania Day. It was great to be able to share with the pupils about the clinic being built in Tanzania and lots of them asked some brilliant questions"

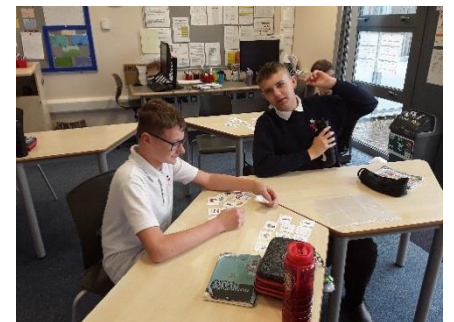
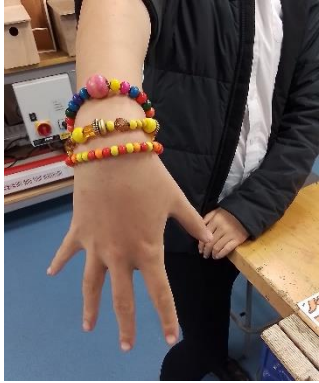
Mrs Matalu
Secondary Teacher.

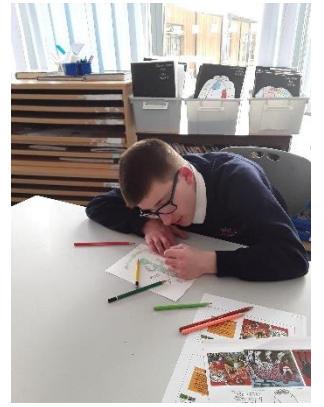
Gallery of Zambia & Tanzania Day

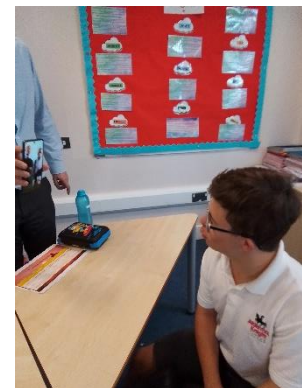
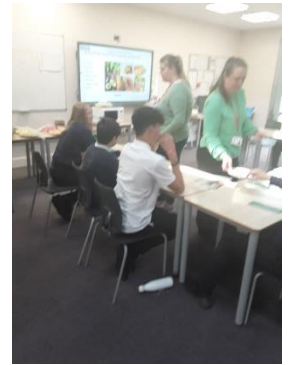
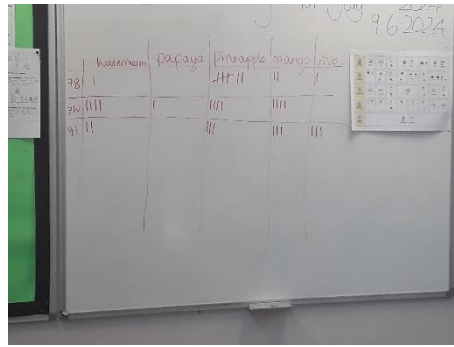
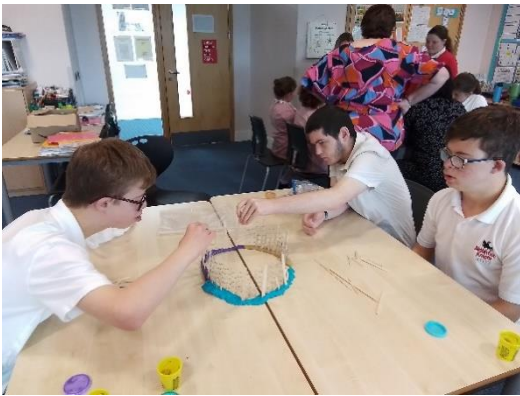
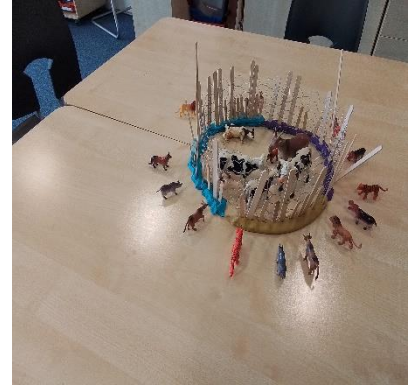
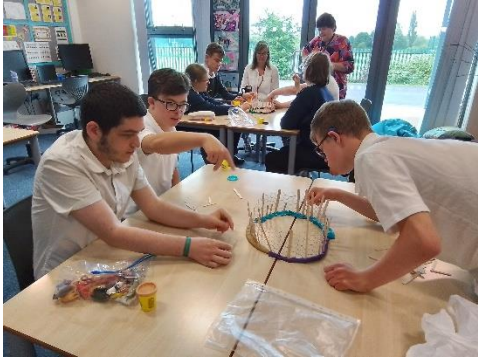


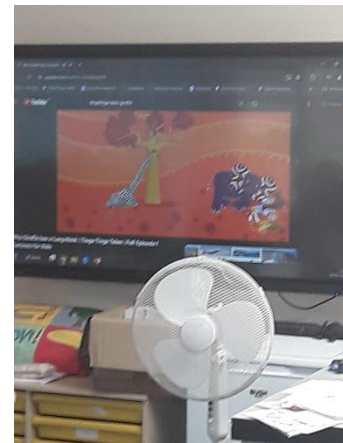
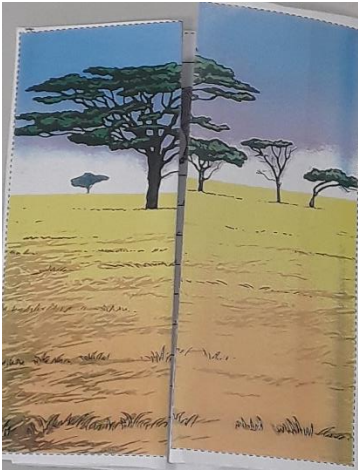












Special Thank You



Thank you to Thomas for his help with organising and taking photos throughout the day and helping the rest of post 16 with ideas.



THANK YOU



Thank you to Mr Goodchild who organised the activity.

Thank you to Post 16 12E for their involvement in putting the newsletter together and for writing the articles. Thank you to Mr Everis, Mrs Sugrue and Mrs Jones for their help with organising.

Thank you to teachers, Mr Goodchild, Mr Wootton, Mrs Sipek, Miss Postans, Mr Matalu, Mrs Matalu, Mr Bentley, Mr Naylor, Miss Foster, Miss Attenborough, Mrs Goss, Mrs Brown, Mrs Weston, Miss Dyer, Miss Duffy, Miss Price, Mrs Lea, Mrs Lamburn, Miss Irwin, Mr Stenning, Mr Everis, Miss Barrow, Mrs Kelly, Mr Hunt, Mr Stinton, Mr Altman and Mr Stenning for organising and making the lessons fun for KS3 and KS4.



Thank you to all the Teaching Assistants who supported the children in the activities, took photos, and uploaded them for the newsletter.



A special mention goes to the Holy Cross School, which was involved in speaking to the children, and to Anita and Pete Ireland, who visited the school.

Finally, thank you to KS3 and KS4 for being amazing in everything they do, getting involved, and helping make Zambia and Tanzania Day a success!

ANSWERS



1. C
2. C
3. B
4. A
5. B
6. C
7. A
8. B
9. C
10. B

